



# Coconut oil, sea salt & Nutritional yeast Popcorn



## INGREDIENTS

- 1 brown lunch bag
- 1/2 cup of popcorn
- 1 tbs coconut oil
- dash of nutritional yeast dash of sea salt

## DIRECTIONS

You will place the popcorn in the paper bag and microwave on the popcorn setting.

Melt the coconut oil pour over popcorn

Add a sprinkle of Himalayan sea salt and a sprinkle of nutritional yeast to taste